|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Long Jump** | Ryder  15-01.00 | Reding  13-11.00 |  |  |  |  |
| **High Jump** | McGrath  4-06 | C.Smith  NH |  |  |  |  |
| **Shot** | Fleckenstein  33-04.00 | Wuertzer  28-04.00 |  |  |  |  |
| **Disc** | Fleckenstein  83-07 | Wuertzer  71-06 |  |  |  |  |
| **Sprint Med** | J.Coates  Handoff | Blean  Handoff | Ries  26.3 | Heim  1:10 | **2:06.40** |  |
|  | Becker  14.3 | McCaw  14.3 | Kallaher  29.4 | Schmitt  1:10 | **2:08.93** |  |
| **3000** | Hannah Brown  10:52.97 | Sage Smith  12:15.42 |  |  |  |  |
| **4x800m** | Nichols  2:31 | Hostager  2:33 | Holesinger  2:39 | Leicht  2:33 | **10:19.67** |  |
|  | Mendenhall  2:48 | Till  3:00 | Fish  2:49 | Franklin  2:42 | **11:22.26** |  |
| **Shuttle** | Klein  20.22 | Longstreet  18.94 | Maas  20.34 | Zimmerman  21.18 | **1:21.56** |  |
| **100m** | Herman  13.63 | Ryder  13.70 |  |  |  |  |
| **D Med** | Blean  30.3 | J.Coates  27.7 | E.Coates  1:04 | Brown  2:33 | **4:37.55** |  |
|  | Reding  29.9 | McCaw  30.0 | O'Neill  1:09 | Brosious  2:44 | **4:54.43** |  |
| **400m** | Leicht  1:05.11 | Heim  1:10.46 |  |  |  |  |
| **4x200m** | McGrath  28.7 | Hammerand  Hand Off | Meehan  Hand off | Hoskins  26.4 | **1:52.35** |  |
|  | Becker  31.2 | Tonn  28.8 | Longstreet  30.3 | Kallaher  29.2 | **1:58.99** |  |
| **100H** | Jasper  19.49 | Maas  20.47 |  |  |  |  |
| **800** | Hostager  2:34.98 | Paulson  2:58.48 |  |  |  |  |
| **200m** | Herman  28.17 | J.Coates  29.07 |  |  |  |  |
| **400mH** | Zimmerman  1:22.66 |  |  |  |  |  |
| **1500** | Nichols  5:13.26 | Holesinger  5:16.91 |  |  |  |  |
| **4x100** | Klein  12.6 | Hammerand  14.0 | Ryder  12.1 | Hoskins  12.7 | **52.03** |  |
|  | C.Smith  14.6 | Breitbach  15.7 | McCaw  13.6 | Schaul  15.6 | **1:00.26** |  |
| **4x400** | McGrath  1:05 | Meehan  1:05 | E.Coates  1:06 | Ries  1:06 | **4:24.35** |  |
|  | Schmitt  1:08 | O'Neill  1:09 | Dillon  1:31 | RHeingans  1:37 | **5:27.86** |  |

**Dubuque Hempstead Girl’s Track and Field 2018**

**Lancer Invitational**

**Women - Varsity -**

1. Pleasant Valley 172 2) Bettendorf 136 **3) Hempstead 76** 4) North Scott 74 5) Dav Central 72.50 6) North Cedar 69

7) Liberty 56 8) Muscatine 48 9) Clinton 14.50 10) Dav North 11 11) Dav West 9