|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Long Jump** | Ryder15-01.00 | Reding13-11.00 |  |  |  |  |
| **High Jump** | McGrath4-06 | C.SmithNH |  |  |  |  |
| **Shot** | Fleckenstein33-04.00 | Wuertzer28-04.00 |  |  |  |  |
| **Disc** | Fleckenstein83-07 | Wuertzer71-06 |  |  |  |  |
| **Sprint Med** | J.CoatesHandoff | BleanHandoff | Ries26.3 | Heim1:10 | **2:06.40** |  |
|  | Becker14.3 | McCaw14.3 | Kallaher29.4 | Schmitt1:10 | **2:08.93** |  |
| **3000** | Hannah Brown10:52.97 | Sage Smith12:15.42 |  |  |  |  |
| **4x800m** | Nichols2:31 | Hostager2:33 | Holesinger2:39 | Leicht2:33 | **10:19.67** |  |
|  | Mendenhall2:48 | Till3:00 | Fish2:49 | Franklin2:42 | **11:22.26** |  |
| **Shuttle** | Klein20.22 | Longstreet18.94 | Maas20.34 | Zimmerman21.18 | **1:21.56** |  |
| **100m** | Herman13.63 | Ryder13.70 |  |  |  |  |
| **D Med** | Blean30.3 | J.Coates27.7 | E.Coates1:04 | Brown2:33 | **4:37.55** |  |
|  | Reding29.9 | McCaw30.0 | O'Neill1:09 | Brosious2:44 | **4:54.43** |  |
| **400m** | Leicht1:05.11 | Heim1:10.46 |  |  |  |  |
| **4x200m** | McGrath28.7 | HammerandHand Off | MeehanHand off | Hoskins26.4 | **1:52.35** |  |
|  | Becker31.2 | Tonn28.8 | Longstreet30.3 | Kallaher29.2 | **1:58.99** |  |
| **100H** | Jasper19.49 | Maas20.47 |  |  |  |  |
| **800** | Hostager2:34.98 | Paulson2:58.48 |  |  |  |  |
| **200m** | Herman28.17 | J.Coates29.07 |  |  |  |  |
| **400mH** | Zimmerman1:22.66 |  |  |  |  |  |
| **1500** | Nichols5:13.26 | Holesinger5:16.91 |  |  |  |  |
| **4x100** | Klein12.6 | Hammerand14.0 | Ryder12.1 | Hoskins12.7 | **52.03** |  |
|  | C.Smith14.6 | Breitbach15.7 | McCaw13.6 | Schaul15.6 | **1:00.26** |  |
| **4x400** | McGrath1:05 | Meehan1:05 | E.Coates1:06 | Ries1:06 | **4:24.35** |  |
|  | Schmitt1:08 | O'Neill1:09 | Dillon1:31 | RHeingans1:37 | **5:27.86** |  |

**Dubuque Hempstead Girl’s Track and Field 2018**

**Lancer Invitational**

**Women - Varsity -**

1. Pleasant Valley 172 2) Bettendorf 136 **3) Hempstead 76** 4) North Scott 74 5) Dav Central 72.50 6) North Cedar 69

7) Liberty 56 8) Muscatine 48 9) Clinton 14.50 10) Dav North 11 11) Dav West 9