

Meet Results

Hempstead Invitational 19-Apr-23
Location: Dubuque

Mark	Convert	Rnd	Name	Age/Yr	Place	Points	Improv
Event # 1 JV Female 800m Sprint Medley Relay Relay Open							
2:15.53	A Relay			Hempstead	---	---	---
Robin Harbin (FR)			Kaylie Arensdorf (FR)	Tiana Hayes (FR)		Paris Mickelson (SO)	
	14.06	15.47	30.10	1:15.90			
Event # 2 V Female 800m Sprint Medley Relay Relay Open							
2:04.76	A Relay			Hempstead	---	---	---
Jillian Renne (FR)			Mallory Tomkins (FR)	Piper Birkenholz (FR)		Maddie Leiser (JR)	
	13.40	12.38	26.90	1:12.08			
Event # 4 V Female 3000m Run Open							
11:11.65	F		Sophia Dallal	Hempstead	SR	---	-4.02
12:02.51	F		Anna Besler	Hempstead	SR	---	4.78
Event # 5 JV Female 4x800m Relay Relay Open							
11:14.65	A Relay			Hempstead	---	---	---
Maria Hart (FR)			Carissa Stockel (SR)	Ellie Hermiston (JR)		Natalie Schlichte (SR)	
	2:54.45	2:59.59	2:43.34	2:37.27			
Event # 6 V Female 4x800m Relay Relay Open							
9:34.68	A Relay			Hempstead	---	---	---
Evie Henneberry (SO)			Maddie Digman (SR)	Brooke O'Brien (SR)		Keelee Leitzen (JR)	
	2:27.52	2:31.80	2:21.47	2:13.89			
Event # 8 V Female 4x100m Shuttle Hurdle Relay Relay Open							
DO	A Relay			Hempstead	---	---	---
Event # 9 JV Female 100m Dash Open							
14.46	NWI	F	Emma Oberhoffer	Hempstead	JR	---	-70
16.36	NWI	F	Ashleyn Pfeiffer	Hempstead	SO	---	---
24.15	NWI	F	Ally Darter	Hempstead	SO	---	.39
Event # 10 V Female 100m Dash Open							
13.79	NWI	F	Jillian Renne	Hempstead	FR	---	-.03
14.00	NWI	F	Savannah Bailey	Hempstead	FR	---	.15
Event # 11 JV Female 1600m Distance Medley Relay Relay Open							
5:12.31	A Relay			Hempstead	---	---	---
Greta Gammage (FR)			Sarah Schaul (SR)	Carissa Stockel (SR)		Anna Besler (SR)	
	34.34	34.35	1:13.93	2:49.69			
Event # 12 V Female 1600m Distance Medley Relay Relay Open							
4:44.28	A Relay			Hempstead	---	---	---
Rayna Timmerman (JR)			Kassidy Buchenau (FR)	Mylee Lange (SO)		Isabel Brauhn (JR)	
	29.48	28.15	1:08.07	2:38.58			
Event # 13 JV Female 400m Dash Open							
1:14.63	F		Paris Mickelson	Hempstead	SO	---	---

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Event # 13 JV Female 400m Dash Open								
1:18.28		F	Maria Hart	Hempstead	FR	---	---	1.04
Event # 14 V Female 400m Dash Open								
58.49		F	Keelee Leitzen	Hempstead	JR	---	---	-1.92
1:37.25		F	Ally Darter	Hempstead	SO	---	---	4.42
Event # 15 JV Female 4x200m Relay Relay Open								
2:06.21	A Relay			Hempstead		---	---	---
Rachel Offerman (SR)			Robin Harbin (FR)	Sophia Pike (SO)		Tiana Hayes (FR)		
Event # 16 V Female 4x200m Relay Relay Open								
1:53.38	A Relay			Hempstead		---	---	---
Akeelah Anderson (SO)			Mallory Tomkins (FR)	Piper Birkenholz (FR)		Aubrey Schlichte (SO)		
Event # 17 JV Female 100m Hurdles Open								
23.85	NWI	F	Mady Morrison	Hempstead	9	---	---	-6.41
25.68	NWI	F	Sarah Schaul	Hempstead	SR	---	---	---
Event # 18 V Female 100m Hurdles Open								
20.95	NWI	F	Aliva May	Hempstead	SO	---	---	-1.11
25.74	NWI	F	Ashley Long	Hempstead	SR	---	---	6.88
Event # 19 JV Female 800m Run Open								
2:53.48		F	Sydney Block	Hempstead	SR	---	---	1.31
3:04.85		F	Rachel Richter	Hempstead	JR	---	---	-13.61
Event # 20 V Female 800m Run Open								
2:22.77		F	Brooke O'Brien	Hempstead	SR	---	---	2.99
2:35.23		F	Mylee Lange	Hempstead	SO	---	---	-3.90
Event # 21 JV Female 200m Dash Open								
34.43	NWI	F	Kaylie Arensdorf	Hempstead	FR	---	---	-1.49
35.56	NWI	F	Greta Gammage	Hempstead	FR	---	---	.18
Event # 22 V Female 200m Dash Open								
27.57	NWI	F	Ayla Osterkamp	Hempstead	SO	---	---	-.81
30.01	NWI	F	Maddie Leeser	Hempstead	JR	---	---	.84
Event # 23 JV Female 400m Hurdles Open								
1:25.22		F	Lauren Gehl	Hempstead	JR	---	---	3.30
1:26.08		F	Anna Besler	Hempstead	SR	---	---	---
Event # 24 V Female 400m Hurdles Open								
1:15.82		F	Sophia Dallal	Hempstead	SR	---	---	2.53
1:16.87		F	Paige Howieson	Hempstead	SO	---	---	-.24
Event # 25 JV Female 1500m Run Open								
5:41.09		F	Hannah McFadden	Hempstead	SO	---	---	-31.47
6:12.35		F	Maria Hart	Hempstead	FR	---	---	4.55

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Event # 26 V Female 1500m Run Open							
5:09.46		F	Evie Henneberry	Hempstead	SO	---	-1.57
5:29.33		F	Natalie Schlichte	Hempstead	SR	---	-4.53
Event # 27 JV Female 4x100m Relay Relay Open							
55.31	A Relay		Rayna Timmerman (JR)	Hempstead		---	---
Savannah Bailey (FR)				Kassidy Buchenau (FR)		Emma Oberhoffer (JR)	
	13.38	13.14	14.18	14.61			
Event # 28 V Female 4x100m Relay Relay Open							
53.50	A Relay		Jillian Renne (FR)	Hempstead		---	---
Akeelah Anderson (SO)				Mallory Tomkins (FR)		Aubrey Schlichte (SO)	
	12.95	13.15	12.82	14.58			
Event # 30 JV Female 4x400m Relay Relay Open							
5:09.31	A Relay		Sydney Block (SR)	Hempstead		---	---
Ellie Hermiston (JR)				Rachel Richter (JR)		Mady Morrison (9)	
	1:12.25	1:18.81	1:22.22	1:16.03			
Event # 31 V Female 4x400m Relay Relay Open							
4:05.89	A Relay		Maddie Digman (SR)	Hempstead		---	---
Brooke O'Brien (SR)				Ayla Osterkamp (SO)		Keelee Leitzen (JR)	
	1:00.42	1:05.72	1:00.82	58.93			
Event # 34 JV Female Long Jump Open							
12-00.75	NWI	3.67m	F Greta Gammage	Hempstead	FR	---	0-02.25
Event # 35 V Female Long Jump Open							
15-09.50	NWI	4.81m	F Ayla Osterkamp	Hempstead	SO	---	-0-04.75
14-08.00	NWI	4.47m	F Kassidy Buchenau	Hempstead	FR	---	0-02.50
Event # 36 JV Female Discus Open							
63-02.00		19.25m	F Kimberly Steffens	Hempstead	SO	---	1-07.00
26-01.00		7.95m	F Payton Mickelson	Hempstead	SO	---	-6-11.00
Event # 37 V Female Discus Open							
86-09.50		26.45m	F Gabbi Frederick	Hempstead	JR	---	-20-07.50
78-09.00		24.00m	F Mekdes Holesinger	Hempstead	SO	---	-4-02.50
Event # 38 JV Female Shot Put Open							
21-10.00		6.65m	F Kimberly Steffens	Hempstead	SO	---	-1-05.00
13-06.50		4.12m	F Payton Mickelson	Hempstead	SO	---	-0-08.50
Event # 39 V Female Shot Put Open							
33-04.50		10.17m	F Gabbi Frederick	Hempstead	JR	---	0-02.00
29-11.50		9.13m	F Alyssa Westhoff	Hempstead	SR	---	-2-07.00
28-06.00		8.68m	F Mekdes Holesinger	Hempstead	SO	---	-0-08.00
11-09.00		3.58m	F Ally Darter	Hempstead	SO	---	-0-07.50

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Event # 40 JV Female 3000m Run Open								
12:46.58		F	Lauren Gehl	Hempstead	JR	---	---	-36.87
12:58.64		F	Kourtney Berns	Hempstead	JR	---	---	-1:24.75