|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Long Jump** | Schwendinger  13-7 | Coates  13-11 |  |  |  |  |
| **High Jump** | Sandman  4-8 **2nd** | Kascel  4-6 |  |  |  |  |
| **Shot** | Gronau  32-4.25 **3rd** | Bleymeyer  30-0.25 |  |  |  |  |
| **Disc** | Gronau  93-08 | Bleymeyer  85-4 |  |  |  |  |
| **3000** | Tuley  11:33.32 **2nd** | Hostager  11:34.08 **4th** |  |  |  |  |
| **4x800m** | Buchheit  2:37 | Saddler  2:26 **SB SOE** | Schmitt  2:32 **SB** | Muntz  2:26 SOE | **10:02.26**  **3rd** |  |
|  |  |  |  |  |  |  |
| **Shuttle** | Tauber  18.77 | Siegert  18.80 **SB** | Tharp  20.21 | Sandman  18.97 | **1:16.66**  **4th** |  |
| **100m** | Lauer  13.79 **SB** | Coates  14.19 |  |  |  |  |
| **DMR** | McGrath  29.81 | Johnson  28.75 **SB** | Meehan  1:02.95 **SB** | K.Brown  2:35 **PR** | **4:38.68**  **2nd** |  |
|  |  |  |  |  |  |  |
| **400m** | Ohnesorge  1:02.24 **1st SB SOE** | ONeill  1:09.67 **6th** |  |  |  |  |
| **4x200m** | Schwendinger  30.76 | Coates  30.45 | Tauber  29.61 | Johnson  28.44 | DQ |  |
| **100H** | Siegert  18.34 **SB** | Kascel  19.09 **SB** |  |  |  |  |
| **800** | Saddler  2:27.60 **1st SOE** | Hostager  2:36.70 **5th SB** |  |  |  |  |
| **200m** | McGrath  30.45 | ONeill  31.65 |  |  |  |  |
| **400mH** | Tharp  1:17.21 **3rd SB** | Sandman  1:17.56 **5th SB** |  |  |  |  |
| **SMR** | Lauer  13.69 | J.Brown  12.78 | Ehlers  26.37 **SB** | Muntz  1:01.1 **SB** | **1:54.61**  **1st SB SOE** |  |
|  |  |  |  |  |  |  |
| **1500** | Nichols  5:10.72 **3rd SOE** | K.Brown  5:18.58 **5th** |  |  |  |  |
|  |  |  |  |  |  |  |
| **4x100** | Lauer  13.78 | Ehlers  12.55 | J.Brown  13.42 | Kramer  12.97 **SB** | **52.87**  **SB 4th SOE** |  |
|  |  |  |  |  |  |  |
| **4x400** | Ohnesorge  1:04 | Meehan  1:05 | Schmitt  1:05 | Buchheit  1:08 | 4:23.46  **3rd** |  |
|  |  |  |  |  |  |  |

**Dubuque Hempstead Girl’s Track and Field 2015**

**Wahawk Relays**

SB=Seasons Best SOE= Standard of Excellence PR-Personal Record