|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Long Jump** | Reding  14-07 | Ryder  ND |  |  |  |  |
| **High Jump** | McGrath  5-00 | C.Smith  NH |  |  |  |  |
| **Shot** | Fleckenstein  35-02 | Wuertzer  31-10.50 |  |  |  |  |
| **Disc** | Fleckenstein  114-10 | Wuertzer  85-00 |  |  |  |  |
| **Sprint Med** | Klein  13.1 | Ryder  12.1 | Hoskins  25.0 | Ries  1:02 | **1:53.44** |  |
| **3000** | H.Brown  10:41.90 | Hostager  10:58.09 |  |  |  |  |
| **4x800m** | Holesinger  2:29 | Leicht  2:29 | Nichols  2:26 | Brown  2:32 | **9:58.35** |  |
| **Shuttle** | Longstreet  18.10 | Michels  19.22 | Jasper  18.44 | Wild  18.68 | **1:14.52** |  |
| **100m** | Hoskins  12.36 | Klein  12.93 |  |  |  |  |
| **D Med** | Ryder  28.0 | Herman  26.2 | E.Coates  1:02 | Leicht  2:29 | **4:26.53** |  |
| **400m** | Heim  1:06.51 | Schmitt  1:07.88 |  |  |  |  |
| **4x200m** | Steil  27.6 | Hammerand  26.2 | Meehan  27.2 | Hoskins  25.5 | **1:46.67** |  |
| **100H** | Longstreet  18.13 | Michels  18.56 |  |  |  |  |
| **800** | Holesinger  2:29.66 | Leicht  2:36.98 |  |  |  |  |
| **200m** | Hammerand  27.40 | Herman  DNS |  |  |  |  |
| **400mH** | Johnson  1:11.23 | Welu  1:13.44 |  |  |  |  |
| **1500** | Brown  4:59.18 | H.Hostager  5:10.17 |  |  |  |  |
| **4x100** | Klein  12.4 | Steil  12.3 | Ryder  12.6 | Hoskins  12.4 | **49.92** |  |
| **4x400** | McGrath  1:01 | E.Coates  1:03 | Meehan  1:04 | G.Ries  1:03 | **4:13.66** |  |

**Dubuque Hempstead Girl’s Track and Field 2018**

**Districts**

**Women - Varsity –** Iowa City West 171 City High 105 Prairie 95 Senior 93 **Hempstead 84** WD 68 Ottumwa 67 Burlington 56