

## MVC Girls Divisional 2023 - 5/4/2023

## Iowa City West High School

## Results

## Event 1 Girls 800 Sprint Medley Junior Varsity

Team	Relay	Finals
<b>Finals</b>		
1 Epworth, WD	A	2:04.61 10
1) McKenna, Katie	2) Hollenback, Kaylee	
3) McIlrath, Kasey	4) Hillebrand, Carley	
2 CR Kennedy	A	2:05.39 8
1) Garsayne, Annie	2) Williams, Aniyah	
3) Van Kerckhove, Raelyn	4) Cone, Makenzie	
3 CR Washington	A	2:06.37 6
1) Longstreet, Amriah	2) Tarvestad, Vivian	
3) Scherrman, Jenna	4) Novak, Sarah	
4 Ic, City High	A	2:06.65 5
1) Aboussa-Folly, Dede	2) Lewis, Thisbe	
3) Diallo, Mymuna	4) Oyunge, Esther	
5 Linn-Mar	A	2:11.58 4
1) Carpenter, Caelyn	2) Wilfred, Joanna	
3) Woods, Dasia	4) Lausen, Chayse	
6 Ic, West	A	2:11.91 3
1) Gladney, Damiyah	2) Nzenga, Florgie	
3) Mohamed, Yasmeen	4) Wang, Nomi	
7 Wat West	A	2:16.97 2
1) Redd, Any'Jah	2) Bell, Briana	
3) Malecek, Charlotte	4) Yamba, Eureka	
8 Dub Hempstead	A	2:23.95 1
1) Morrison, Mady	2) Hayes, Tiana	
3) Harbin, Robin	4) Richter, Rachel	

## Event 2 Girls 800 Sprint Medley Varsity

Team	Relay	Finals
<b>Finals</b>		
1 CR Kennedy	A	1:47.03 10
1) Hullon, Quren	2) Hospodarsky, Morgan	
3) Swartzendruber, Addison	4) Swartzendruber, Sidney	
2 Linn-Mar	A	1:50.18 8
1) Crawford, Ja'Niya	2) Carsello, Sydney	
3) Gaffney, Gwen	4) Northrup, Bethany	
3 Ic, City High	A	1:50.34 6
1) Almabrazi, Safia	2) Pruessner, Sierra	
3) LeClair, Josephine	4) Wedemeyer, Ani	
4 Dub Hempstead	A	1:54.29 5
1) Anderson, Akeelah	2) Tomkins, Mallory	
3) Osterkamp, Ayla	4) O'Brien, Brooke	
5 Wat West	A	1:56.20 4
1) Shaw, Jenaya	2) Elliott, Samantha	
3) Zanders, Alexa	4) Gettman, Charlotte	
6 CR Washington	A	1:58.04 3
1) Pasker, Ava	2) Crittenden, Mari	
3) Thurmond, Cassie	4) Slessor, Sage	
7 Ic, West	A	1:58.06 2
1) Steva, Natalie	2) Jackson, Shaniya	
3) Asay, Evelyn	4) Prouty, Anna	
8 Epworth, WD	A	1:58.35 1
1) Stuntz, Claire	2) Ehlers, Lucy	
3) Goins, Ava	4) Feldmann, Mallory	

## Event 3 Girls 3000 Meter Run Junior Varsity

Name	School	Finals
<b>Finals</b>		
1 Locher, Claire	Ic, City Hig	11:55.32 10
2 Burns, Abigail	Ic, City Hig	11:55.66 8
3 McFadden, Hannah	Dub Hempstea	12:28.97 6
4 Smith, Jordan	Ic, West	13:00.26 5
5 Christenson, Katie	Linn-Mar	13:33.14 4
6 Hart, Maria	Dub Hempstea	13:36.08 3
7 Broffitt, Sylvia	Ic, West	13:51.79 2

## Event 4 Girls 3000 Meter Run Varsity

Name	School	Finals
<b>Finals</b>		
1 Leitzen, Keelee	Dub Hempstea	10:44.08 10
2 Henneberry, Evie	Dub Hempstea	10:51.58 8
3 Peterson, Nina	Ic, City Hig	10:56.61 6
4 Peterson, Nicole	Ic, City Hig	11:05.54 5
5 Bradley, Anabel	CR Kennedy	11:19.48 4
6 Hetrick, Makenna	CR Washingto	11:58.91 3
7 Domer, Addie	Linn-Mar	12:07.45 2
8 Vezina, Abbey	Linn-Mar	12:07.46 1
9 Titus, Kalli	Ic, West	12:10.39
10 Hendrickson, Ivy	Ic, West	13:00.04
11 Arnold, Erin	CR Kennedy	13:33.14

## Event 5 Girls 4x800 Meter Relay Junior Varsity

Team	Relay	Finals
<b>Finals</b>		
1 Dub Hempstead	A	11:21.80 10
1) Hermiston, Ellie	2) Stockel, Carissa	
3) Besler, Anna	4) Gehl, Lauren	
2 Linn-Mar	A	11:38.63 8
1) Smiley, Megan	2) Sourwine, Rita	
3) Dorman, Ella	4) Wilson, Gabby	
3 CR Kennedy	A	12:01.07 6
1) Arnold, Erin	2) Parker, Riley	
3) Park, Grace	4) Brandt, Emily	
4 Wat West	A	14:04.88 5
1) Sonnenberg, Emily	2) Tellez, Marely	
3) Pajic, Emra	4) Darcon, Michelle	

## Event 6 Girls 4x800 Meter Relay Varsity

Team	Relay	Finals
<b>Finals</b>		
1 Dub Hempstead	A	10:07.38 10
1) Kay, Camdyn	2) Digman, Maddie	
3) Lange, Mylee	4) Dallal, Sophia	
2 Linn-Mar	A	10:20.54 8
1) Trapp, Breka	2) Buck, Ally	
3) Beck, Jordyn	4) Egbert, Chloe	
3 Ic, West	A	10:20.66 6
1) Varga, Erinn	2) Moniza, Gabby	
3) Evans, Lydia	4) Van Waning, Kate	

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## Finals ... (Event 6 Girls 4x800 Meter Relay Varsity)

Team	Relay	Finals
4 Epworth, WD	A	10:53.80 5
1) Klein, Alyssa	2) Kaiser, Gabby	
3) Koetz, Paige	4) Graber, Isabella	
5 CR Kennedy	A	11:14.94 4
1) Geater, Ramsay	2) McArtor, Cora	
3) Pruet, Audrey	4) Michalec, Renee	
6 CR Washington	A	11:28.86 3
1) Hetrick, Maddy	2) Stilwell, Sophie	
3) Keck, Avarie	4) Stock, Reagan	
7 Ic, City High	A	11:42.25 2
1) Kuhlmann, Nina	2) Michael, Elim	
3) Bhandary-Narayanan, Alma	4) Matel, Rachel	

## Event 7 Girls 4x100 Meter Shuttle Hurdle Junior Varsity

Team	Relay	Finals
1 Linn-Mar	A	1:16.17 10
1) Tichel, Ava	2) Sletteland, Tori	
3) Gorsich, Christina	4) Reznicow, Andrea	
2 Ic, City High	A	1:19.05 8
1) Hamilton, Mary	2) Pongo, Debbie	
3) Dahn, Janrita	4) McNeese, Kahyl	
3 CR Kennedy	A	1:22.42 6
1) Cuevas Suarez, Jeymar	2) Peck, Alyssa	
3) Smith, Aaliyah	4) Cone, Makenzie	
4 Epworth, WD	A	1:24.05 5
1) Witzel, Taylor	2) Salow, Lexi	
3) Mertz, Avery	4) Schindler, Olivia	
5 Ic, West	A	1:27.32 4
1) Willis, Ania	2) Matar, Aseel	
3) War, Galia	4) Gladney, Damiyah	

## Event 8 Girls 4x100 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
1 Linn-Mar	A	1:08.53 10
1) Sherman, Petra	2) Young, Mariah	
3) Kriegel, Allison	4) Hand, Katy	
2 Ic, West	A	1:10.38 8
1) Olivo, Sophia	2) McConnell, Lily	
3) War, Hebah	4) Carter, Erinah	
3 CR Kennedy	A	1:14.04 6
1) Langerman, Kayla	2) Medaniel, Taliyah	
3) Smith, Rachael	4) Braden, Grace	
4 Epworth, WD	A	1:14.69 5
1) Leisen, Natalie	2) Jacobi, Kendall	
3) Leisen, Isabel	4) Kalb, Macy	
5 Ic, City High	A	1:14.76 4
1) Konu, Gloria	2) Kenlin, Kjirsten	
3) Schnoebelen, Monique	4) Jensen, Kayden	
6 Wat West	A	1:18.92 3
1) Shin, Esther	2) Riordan, Anna	
3) Thierman, Kelsi	4) Graff, Cassie	

7 Dub Hempstead	A	1:21.14 2
1) Anderson, Akeelah	2) Long, Ashley	
3) Howieson, Paige	4) May, Alivia	
8 CR Washington	A	1:26.82 1
1) Cihla, Lauren	2) McFarland, Rya	
3) Bangwete, Blessing	4) Pfremmer, Isolde	

## Event 9 Girls 100 Meter Dash Junior Varsity

Name	School	Finals
1 Morris, Audrey	Linn-Mar	14.05 10
2 Bailey, Savannah	Dub Hempstea	14.11 8
3 Phonphiboun, Jasmine	Ic, City Hig	14.15 6
4 Garsayne, Annie	CR Kennedy	14.16 5
5 McKenna, Katie	Epworth, WD	14.56 3.5
5 Forte, Angelina	Ic, West	14.56 3.5
7 Kucera, Jessi	Ic, City Hig	14.61 2
8 Van Kerckhove, Raelyn	CR Kennedy	14.79 1
9 Piersall, Mattie	CR Washingto	14.84
10 Harbaugh, Kate	Epworth, WD	15.04
11 Vargas, Adriana	Ic, West	15.11
12 Woods, Dasia	Linn-Mar	15.39
13 Hernandez, Maricela	Wat West	16.74
14 Arensdorf, Kaylie	Dub Hempstea	16.81
15 Hurley, Ava	Wat West	17.12
16 McFarland, Amaris	CR Washingto	17.31

## Event 10 Girls 100 Meter Dash Varsity

Name	School	Finals
1 Walters, Brynn	Epworth, WD	12.95 10
2 Hullon, Quren	CR Kennedy	13.18 7
2 Ramler, Ava	Epworth, WD	13.18 7
4 Crawford, Ja'Niya	Linn-Mar	13.34 5
5 Schwartz, Annie	Ic, West	13.35 4
6 White, Sarah	Linn-Mar	13.67 3
7 Almabrazi, Safia	Ic, City Hig	14.12 2
8 Renne, Jillian	Dub Hempstea	14.13 1
9 Kingsbury, Ava	CR Kennedy	14.14
10 Arling, Emily	Ic, City Hig	14.23
11 Longstreet, Amriah	CR Washingto	14.28
12 Schlichte, Aubrey	Dub Hempstea	14.32
13 Steva, Natalie	Ic, West	14.41
14 Batte, Lanera	CR Washingto	14.58

## Event 11 Girls 101 Meter Dash Wheelchair Varsity

Name	School	Finals
1 Darter, Ally	Dub Hempstea	27.50

## Event 12 Girls Distance Medley Junior Varsity

Team	Relay	Finals
1 Linn-Mar	A	4:49.65 10
1) Koffi, Eunice	2) Carpenter, Caelyn	
3) Bowman, Jayda	4) Orr, Katelyn	

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**Finals ... (Event 12 Girls Distance Medley Junior Varsity)**

Team	Relay	Finals	
2 Ic, West	A	5:01.75	8
1) Mohamed, Yasmeen	2) Wang, Nomi		
3) Orszula, Yaya	4) Longmire, Hannah		
3 Epworth, WD	A	5:05.20	6
1) Soppe, Natalie	2) Fern, Racquel		
3) Randall, Madison	4) Rima, Izzy		
4 Ic, City High	A	5:07.88	5
1) Kenlin, Joey	2) Howe, Lila		
3) McKillip, Addyson	4) Schnoebelen, Noelle		
5 CR Kennedy	A	5:08.02	4
1) Williams, Aniyah	2) Ulferts, Grace		
3) Smith, Aaliyah	4) Gomez, Miah		
6 Dub Hempstead	A	5:18.48	3
1) Thornton, Shinyah	2) Gammage, Greta		
3) Mickelson, Paris	4) Berns, Kourtney		
7 CR Washington	A	5:40.08	2
1) Tate, Laila	2) Rogel, Amari		
3) Klassen, Louisa	4) Berryman, Jaedyn		
8 Wat West	A	5:48.92	1
1) Redd, Any'Jah	2) Spasojevic, Mia		
3) Taylor, Cassidy	4) Little, Amira		

**Event 13 Girls Distance Medley Varsity**

Team	Relay	Finals	
<b>Finals</b>			
1 CR Kennedy	A	4:25.24	10
1) Hospodarsky, Morgan	2) Swearinger, Emerson		
3) Veach, Jovie	4) Brandt, Alyssa		
2 Linn-Mar	A	4:30.67	8
1) Guild, Brooklyn	2) Denge-Hagen, Maia		
3) Nielsen, Ameriz	4) Adamson, Rachel		
3 Epworth, WD	A	4:35.15	6
1) Goins, Ava	2) Hollenback, Kaylee		
3) Graber, Alley	4) Meyers, Bella		
4 Ic, West	A	4:36.86	5
1) McKane, Lindsey	2) Prouty, Anna		
3) Willis, Eva	4) Wang, Cindy		
5 CR Washington	A	4:36.96	4
1) Pasker, Ava	2) Crittenden, Mari		
3) Thurmond, Cassie	4) Graw, Ava		
6 Dub Hempstead	A	4:42.89	3
1) Timmerman, Rayna	2) Buchenau, Cassidy		
3) Brauhn, Isabel	4) Digman, Maddie		
7 Ic, City High	A	5:01.78	2
1) McComas, Emmy	2) Brown, Mckenzie		
3) Hamilton, Cooper	4) Ellermeier, Katiya		

**Event 14 Girls 400 Meter Dash Junior Varsity**

Name	School	Finals	
<b>Finals</b>			
1 Sojka, Anna	Linn-Mar	1:04.97	10
2 Pruett, Audrey	CR Kennedy	1:07.70	8
3 Tiea, Khamissa	Ic, West	1:10.37	6
4 Brooks, Addison	Linn-Mar	1:11.31	5

5 McNeese, Kahyl	Ic, City Hig	1:12.43	4
6 Besler, Anna	Dub Hempstea	1:12.60	3
7 Novak, Sarah	CR Washingto	1:13.21	2
8 Cone, Makenzie	CR Kennedy	1:14.97	1
9 McFarland, Rya	CR Washingto	1:15.85	
10 Lukes, Etta	Epworth, WD	1:17.69	
11 Richter, Rachel	Dub Hempstea	1:23.04	

**Event 15 Girls 400 Meter Dash Varsity**

Name	School	Finals	
<b>Finals</b>			
1 Swartzendruber, Sidney	CR Kennedy	56.64	10
2 Swartzendruber, Addison	CR Kennedy	56.79	8
3 Northrup, Bethany	Linn-Mar	58.78	6
4 Kay, Camdyn	Dub Hempstea	1:02.81	5
5 LeClair, Josephine	Ic, City Hig	1:02.83	4
6 Trapp, Breka	Linn-Mar	1:03.63	3
7 Thompson, Lucy	Ic, City Hig	1:03.78	2
8 Scherrman, Jenna	CR Washingto	1:06.45	1
9 Grueter, Emelia	Ic, West	1:07.94	
10 Dickens, Annie	Ic, West	1:08.73	
11 McIlrath, Kasey	Epworth, WD	1:08.84	
12 Leeser, Maddie	Dub Hempstea	1:10.43	
13 Tarvestad, Anna	CR Washingto	1:11.65	

**Event 16 Girls 401 Meter Dash Wheelchair Varsity**

Name	School	Finals	
<b>Finals</b>			
1 Darter, Ally	Dub Hempstea	1:41.63	

**Event 17 Girls 4x200 Meter Relay Junior Varsity**

Team	Relay	Finals	
<b>Finals</b>			
1 Epworth, WD	A	1:56.98	10
1) McKenna, Katie	2) Harbaugh, Kate		
3) Hillebrand, Carley	4) Ernzen, Erica		
2 CR Kennedy	A	1:58.70	8
1) Garsayne, Annie	2) Dyar, Kate		
3) Van Kerckhove, Raelyn	4) Williams, Aniyah		
3 Linn-Mar	A	2:00.55	6
1) Morris, Audrey	2) Lausen, Chayse		
3) Wilfred, Joanna	4) Reznicow, Andrea		
4 Dub Hempstead	A	2:02.69	5
1) Timmerman, Rayna	2) Oberhoffer, Emma		
3) Harbin, Robin	4) Offerman, Rachel		
5 Wat West	A	2:03.89	4
1) Graff, Cassie	2) Rose, Jaelyn		
3) Kinamungudi, Arnelie	4) Yamba, Eureka		
6 Ic, City High	A	2:04.96	3
1) Pongo, Debbie	2) Kenlin, Joey		
3) Howe, Lila	4) Schwarting, Kendra		
7 Ic, West	A	2:10.79	2
1) Nzenga, Florgie	2) Sule, Eghe		
3) Ntumba, Esperance	4) Tratore, Ramata		

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## Event 18 Girls 4x200 Meter Relay Varsity

Team	Relay	Finals
<b>Finals</b>		
1 Epworth, WD	A	1:46.13 10
1) Stuntz, Claire	2) Ramler, Ava	
3) Ehlers, Lucy	4) Walters, Brynn	
2 Linn-Mar	A	1:48.43 8
1) Mecklenburg, Abby	2) Gaffney, Gwen	
3) Carsello, Sydney	4) White, Sarah	
3 CR Kennedy	A	1:48.53 6
1) Kingsbury, Ava	2) Hospodarsky, Morgan	
3) Veach, Jovie	4) Swearinger, Emerson	
4 Wat West	A	1:51.48 5
1) Zanders, Alexa	2) Elliott, Samantha	
3) Gettman, Charlotte	4) Smith, Jada	
5 Dub Hempstead	A	1:52.77 4
1) Anderson, Akeelah	2) Tomkins, Mallory	
3) Birkenholtz, Piper	4) Wright, Addison	
6 Ic, West	A	1:55.69 3
1) Asay, Evelyn	2) Jackson, Shaniya	
3) War, Hebah	4) Henderson, Autumn	
7 Ic, City High	A	1:58.38 2
1) Aboussa-Folly, Dede	2) Lewis, Thisbe	
3) Diallo, Mymuna	4) McComas, Emmy	
8 CR Washington	A	2:04.56 1
1) Penn, Aamina	2) Mellish, Te Te	
3) Pfremer, Isolde	4) Piersall, Mattie	

## Event 19 Girls 100 Meter Hurdles Junior Varsity

Name	School	Finals
<b>Finals</b>		
1 Young, Mariah	Linn-Mar	16.93 10
2 Leisen, Isabel	Epworth, WD	18.37 8
3 Mcdaniel, Taliyah	CR Kennedy	18.42 6
4 Kenlin, Kjirsten	Ic, City Hig	18.57 5
5 Schnoebelen, Monique	Ic, City Hig	19.13 4
6 Salow, Lexi	Epworth, WD	19.16 3
7 Cihla, Lauren	CR Washington	19.39 2
8 Willis, Ania	Ic, West	19.55 1
9 Tuchel, Ava	Linn-Mar	19.57
10 Cuevas Suarez, Jeymar	CR Kennedy	19.98
11 Willis, Eva	Ic, West	20.41
12 Thierman, Kelsi	Wat West	20.63
13 Schaul, Sarah	Dub Hempstea	23.05
14 Pfeiffer, Ashlyn	Dub Hempstea	23.09

## Event 20 Girls 100 Meter Hurdles Varsity

Name	School	Finals
<b>Finals</b>		
1 Braden, Grace	CR Kennedy	15.28 10
2 Hand, Katy	Linn-Mar	15.86 8
3 Carter, Erinah	Ic, West	16.06 6
4 Olivo, Sophia	Ic, West	16.14 5
5 Sherman, Petra	Linn-Mar	16.24 4
6 Langerman, Kayla	CR Kennedy	17.29 3

7 Kalb, Macy	Epworth, WD	17.47 2
8 Konu, Gloria	Ic, City Hig	17.73 1
9 Shin, Esther	Wat West	17.96
10 Riordan, Anna	Wat West	17.97
11 Jensen, Kayden	Ic, City Hig	18.75
12 Leisen, Natalie	Epworth, WD	19.05
13 Long, Ashley	Dub Hempstea	19.43
14 May, Alivia	Dub Hempstea	20.21

## Event 21 Girls 800 Meter Run Junior Varsity

Name	School	Finals
<b>Finals</b>		
1 Stevenson, Eva	Dub Hempstea	2:40.21 10
2 Sourwine, Rita	Linn-Mar	2:44.77 8
3 McArtor, Cora	CR Kennedy	2:45.23 6
4 Michalec, Renee	CR Kennedy	2:45.72 5
5 Bhandary-Narayanan, Alma	Ic, City Hig	2:54.00 4
6 Block, Sydney	Dub Hempstea	3:01.21 3
7 Hendrickson, Ivy	Ic, West	3:03.42 2
8 Rima, Izzy	Epworth, WD	3:08.09 1
9 Like, Morgan	Linn-Mar	3:12.98
10 Sonnenberg, Emily	Wat West	3:14.57
11 Broffitt, Sylvia	Ic, West	3:20.51
12 Appleby-Sparrow, Lydia	CR Washington	3:23.37
13 Darcon, Michelle	Wat West	3:52.61

## Event 22 Girls 800 Meter Run Varsity

Name	School	Finals
<b>Finals</b>		
1 Leitzen, Keelee	Dub Hempstea	2:16.72 10
2 Wedemeyer, Ani	Ic, City Hig	2:16.95 8
3 Swartzendruber, Sidney	CR Kennedy	2:18.54 6
4 Northrup, Bethany	Linn-Mar	2:19.83 5
5 O'Brien, Brooke	Dub Hempstea	2:21.35 4
6 Egbert, Chloe	Linn-Mar	2:25.64 3
7 Peterson, Nina	Ic, City Hig	2:30.83 2
8 Evans, Lydia	Ic, West	2:36.18 1
9 Van Waning, Kate	Ic, West	2:36.21
10 Graw, Ava	CR Washington	2:42.89
11 Geater, Ramsay	CR Kennedy	2:42.92
12 Hetrick, Maddy	CR Washington	2:47.23

## Event 23 Girls 200 Meter Dash Junior Varsity

Name	School	Finals
<b>Finals</b>		
1 LeClair, Josephine	Ic, City Hig	27.40 10
2 Mecklenburg, Abby	Linn-Mar	27.58 8
3 Garsayne, Annie	CR Kennedy	28.58 6
4 Sojka, Anna	Linn-Mar	28.81 5
5 Ellermeier, Katiya	Ic, City Hig	29.79 4
6 Fern, Racquel	Epworth, WD	29.95 3
7 Steger, Leah	Epworth, WD	30.32 2
8 Rogel, Amari	CR Washington	30.54 1
9 Williams, Aniyah	CR Kennedy	31.03
10 Pike, Sophia	Dub Hempstea	31.16
11 Orszula, Yaya	Ic, West	32.48

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**Finals ... (Event 23 Girls 200 Meter Dash Junior Varsity)**

Name	School	Finals
12 Ntumba, Esperance	Ic, West	32.57
13 Jackson-Parkerson, Malaisjah	CR Washingto	33.27
14 Pfeiffer, Ashlyn	Dub Hempstea	33.59
15 Roberts, Elizabeth	Wat West	33.95
16 Spasojevic, Mia	Wat West	35.09

**Event 24 Girls 200 Meter Dash Varsity**

Name	School	Finals
<b>Finals</b>		
1 Swartzendruber, Addison	CR Kennedy	26.15 10
2 Schwartz, Annie	Ic, West	26.70 8
3 Osterkamp, Ayla	Dub Hempstea	26.98 6
4 Swearinger, Emerson	CR Kennedy	27.13 5
5 Crawford, Ja'Niya	Linn-Mar	27.14 4
6 Pruessner, Sierra	Ic, City Hig	27.29 3
7 Guild, Brooklyn	Linn-Mar	27.83 2
8 Hollenback, Kaylee	Epworth, WD	27.99 1
9 McKane, Lindsey	Ic, West	28.37
10 Birkenholtz, Piper	Dub Hempstea	28.53
11 Feldmann, Mallory	Epworth, WD	28.93
12 Batte, Lanera	CR Washingto	29.75
13 Muheljic, Alena	Wat West	30.22
14 Chase, Katelyn	Wat West	31.23

**Event 25 Girls 201 Meter Dash Wheelchair Varsity**

Name	School	Finals
<b>Finals</b>		
1 Darter, Ally	Dub Hempstea	51.82

**Event 26 Girls 400 Meter Hurdles Junior Varsity**

Name	School	Finals
<b>Finals</b>		
1 Hamilton, Angelica	Ic, City Hig	1:15.39 10
2 Bowman, Jayda	Linn-Mar	1:17.04 8
3 Sletteland, Tori	Linn-Mar	1:17.87 6
4 Oyunge, Esther	Ic, City Hig	1:18.98 5
5 Hermiston, Ellie	Dub Hempstea	1:23.44 4
6 Willis, Ania	Ic, West	1:24.96 3
7 McFarland, Rya	CR Washingto	1:25.61 2
8 Graff, Cassie	Wat West	1:25.86 1
9 Morrison, Mady	Dub Hempstea	1:35.82

**Event 27 Girls 400 Meter Hurdles Varsity**

Name	School	Finals
<b>Finals</b>		
1 Reynolds, Eva	Ic, City Hig	1:06.00 10
2 Varga, Erinn	Ic, West	1:07.08 8
3 Slessor, Sage	CR Washingto	1:12.33 6
4 Beck, Jordyn	Linn-Mar	1:12.77 5
5 Gorsich, Christina	Linn-Mar	1:13.49 4
6 Braden, Grace	CR Kennedy	1:14.50 3
7 McConnell, Lily	Ic, West	1:15.31 2
8 Randall, Madison	Epworth, WD	1:17.69 1
9 Howieson, Paige	Dub Hempstea	1:17.76

10 Shin, Esther	Wat West	1:18.07
11 Kaiser, Gabby	Epworth, WD	1:24.90

**Event 28 Girls 1500 Meter Run Junior Varsity**

Name	School	Finals
<b>Finals</b>		
1 Schlichte, Natalie	Dub Hempstea	5:30.00 10
2 Titus, Kalli	Ic, West	5:37.00 8
3 Arnold, Erin	CR Kennedy	5:37.30 6
4 Grueter, Emelia	Ic, West	5:37.80 5
5 Dorman, Ella	Linn-Mar	5:41.00 4
6 Gehl, Lauren	Dub Hempstea	5:48.00 3
7 Kaiser, Maria	CR Kennedy	5:54.00 2
8 Michael, Elim	Ic, City Hig	5:54.20 1
9 Lindholm, Hannah	Linn-Mar	6:01.00
10 Matel, Rachel	Ic, City Hig	6:30.00
11 Berryman, Jaedyn	CR Washingto	6:32.00
12 Pajic, Emra	Wat West	7:11.00

**Event 29 Girls 1500 Meter Run Varsity**

Name	School	Finals
<b>Finals</b>		
1 Dallal, Sophia	Dub Hempstea	5:02.97 10
2 Peterson, Nicole	Ic, City Hig	5:05.13 8
3 Henneberry, Evie	Dub Hempstea	5:10.59 6
4 Adamson, Rachel	Linn-Mar	5:13.03 5
5 Klein, Alyssa	Epworth, WD	5:13.14 4
6 Wang, Cindy	Ic, West	5:25.38 3
7 Brandt, Alyssa	CR Kennedy	5:27.96 2
8 Moniza, Gabby	Ic, West	5:30.41 1
9 Buck, Ally	Linn-Mar	5:35.48
10 Hetrick, Makenna	CR Washingto	5:37.24
11 Stilwell, Sophie	CR Washingto	5:42.78
12 Kuhlmann, Nina	Ic, City Hig	5:50.42

**Event 30 Girls 4x100 Meter Relay Junior Varsity**

Team	Relay	Finals
<b>Finals</b>		
1 Ic, City High	A	54.64 10
1) Aboussa-Folly, Dede	2) Lewis, Thisbe	
3) Dahn, Janrita	4) Phonphiboun, Jasmine	
2 Linn-Mar	A	54.93 8
1) Mecklenburg, Abby	2) Sherman, Petra	
3) Guild, Brooklyn	4) White, Sarah	
3 Dub Hempstead	A	54.99 6
1) Bailey, Savannah	2) Buchenau, Cassidy	
3) Timmerman, Rayna	4) Oberhoffer, Emma	
4 CR Kennedy	A	55.10 5
1) Van Kerckhove, Raelyn	2) Dyar, Kate	
3) Williams, Aniyah	4) Garsayne, Annie	
5 Ic, West	A	55.79 4
1) Vargas, Adriana	2) Bruxvoort, Ava	
3) Henderson, Autumn	4) Forte, Angelina	
6 CR Washington	A	55.88 3
1) Pfremmer, Isolde	2) Tarvestad, Vivian	
3) Batte, Lanera	4) Mellish, Te Te	

## MVC Girls Divisional 2023 - 5/4/2023

## Iowa City West High School

## Results

**Finals ... (Event 30 Girls 4x100 Meter Relay Junior Varsity)**

Team	Relay	Finals	
7 Wat West	A	57.03	2
1) Redd, Any'Jah	2) Graff, Cassie		
3) Riordan, Anna	4) Rose, Jaelyn		
8 Epworth, WD	A	57.68	1
1) Witzel, Taylor	2) Mertz, Avery		
3) Jacobi, Kendall	4) Schindler, Olivia		

**Event 31 Girls 4x100 Meter Relay Varsity**

Team	Relay	Finals	
<b>Finals</b>			
1 Epworth, WD	A	50.33	10
1) Stuntz, Claire	2) Ramler, Ava		
3) Ehlers, Lucy	4) Walters, Brynn		
2 Linn-Mar	A	50.42	8
1) Gaffney, Gwen	2) Hand, Katy		
3) Carsello, Sydney	4) Bunn, Kaylee		
3 Ic, City High	A	51.00	6
1) Almabrazi, Safia	2) Pruessner, Sierra		
3) Kucera, Jessi	4) Cloyd, Ruth		
4 CR Kennedy	A	51.83	5
1) Hullon, Quren	2) Kingsbury, Ava		
3) Hospodarsky, Morgan	4) Braden, Grace		
5 Ic, West	A	52.34	4
1) Steva, Natalie	2) Carter, Erinah		
3) Jackson, Shaniya	4) Schwartz, Annie		
6 CR Washington	A	53.00	3
1) Slessor, Sage	2) Crittenden, Mari		
3) Pasker, Ava	4) Thurmond, Cassie		
7 Dub Hempstead	A	53.05	2
1) Anderson, Akeelah	2) Renne, Jillian		
3) Tomkins, Mallory	4) Leeser, Maddie		

**Event 32 Girls 4x400 Meter Relay Junior Varsity**

Team	Relay	Finals	
<b>Finals</b>			
1 Dub Hempstead	A	4:29.29	10
1) Brauhn, Isabel	2) Lange, Mylee		
3) Stockel, Carissa	4) Schlichte, Natalie		
2 Ic, West	A	4:29.30	8
1) Dickens, Annie	2) Longmire, Hannah		
3) Evans, Lydia	4) Willis, Eva		
3 Ic, City High	A	4:35.39	6
1) Hamilton, Cooper	2) McKillip, Addyson		
3) Ellermeier, Katiya	4) Hamilton, Angelica		
4 Linn-Mar	A	4:48.00	5
1) Smiley, Megan	2) Like, Morgan		
3) Brooks, Addison	4) Orr, Katelyn		
5 CR Kennedy	A	5:05.33	4
1) Pruet, Audrey	2) Pierce, Ellison		
3) Gomez, Miah	4) Martin, Natalie		
6 Wat West	A	5:16.15	3
1) Yamba, Eureka	2) Roberts, Elizabeth		
3) Taylor, Cassidy	4) Sonnenberg, Emily		

**Event 33 Girls 4x400 Meter Relay Varsity**

Team	Relay	Finals	
<b>Finals</b>			
1 CR Kennedy	A	3:56.88	10
1) Swartzendruber, Addison	2) Veach, Jovie		
3) Swearinger, Emerson	4) Swartzendruber, Sidney		
2 Dub Hempstead	A	3:59.52	8
1) Kay, Camdyn	2) O'Brien, Brooke		
3) Osterkamp, Ayla	4) Leitzen, Keelee		
3 Ic, City High	A	4:01.03	6
1) LeClair, Josephine	2) Reynolds, Eva		
3) Thompson, Lucy	4) Wedemeyer, Ani		
4 Ic, West	A	4:11.67	5
1) Schwartz, Annie	2) Van Waning, Kate		
3) Prouty, Anna	4) Varga, Erinn		
5 Epworth, WD	A	4:11.80	4
1) Soppe, Natalie	2) Goins, Ava		
3) Graber, Alley	4) Koetz, Paige		
6 Wat West	A	4:15.13	3
1) Zanders, Alexa	2) Gettman, Charlotte		
3) Smith, Jada	4) Shaw, Jenaya		
7 Linn-Mar	A	4:16.18	2
1) Trapp, Breka	2) Nielsen, Ameriz		
3) Denge-Hagen, Maia	4) Egbert, Chloe		
8 CR Washington	A	4:38.30	1
1) Scherrman, Jenna	2) Stock, Reagan		
3) Keck, Avarie	4) Tarvestad, Anna		

**Event 34 Girls High Jump Junior Varsity**

Name	School	Finals	
<b>Finals</b>			
1 Kirschling, Grace	Ic, City Hig	4-10.00	10
2 Cihla, Lauren	CR Washingto	J4-06.00	7
2 Klassen, Louisa	CR Washingto	J4-06.00	5
2 Orr, Katelyn	Linn-Mar	J4-06.00	7
5 McComas, Emmy	Ic, City Hig	4-04.00	4
--- Medaniel, Taliyah	CR Kennedy	NH	
--- Larson, Grace	CR Kennedy	NH	

**Event 35 Girls High Jump Varsity**

Name	School	Finals	
<b>Finals</b>			
1 Tate, Meena	Ic, West	J5-02.00	10
2 Kriegel, Allison	Linn-Mar	J5-01.00	8
2 Hand, Katy	Linn-Mar	J5-01.00	6
4 Bruxvoort, Ava	Ic, West	J4-08.00	5
4 Simmons, Tommy June	Ic, City Hig	J4-08.00	4
6 Rukakiza, Aminatha	Ic, City Hig	J4-06.00	2.5
6 Secora, Emersyn	CR Kennedy	J4-06.00	2.5
--- Bangwete, Blessing	CR Washingto	NH	
--- Chase, Kate	Wat West	NH	
--- Kay, Camdyn	Dub Hempstea	NH	
--- Offerman, Rachel	Dub Hempstea	NH	
--- Sales, Ava	CR Washingto	NH	

## MVC Girls Divisional 2023 - 5/4/2023

## Iowa City West High School

## Results

## Event 36 Girls Long Jump Junior Varsity

Name	School	Finals		
<b>Finals</b>				
1	Morris, Audrey	Linn-Mar	15-01.00	10
2	Kucera, Jessi	Ic, City Hig	14-10.50	8
3	Fern, Racquel	Epworth, WD	13-09.50	6
4	Young, Mariah	Linn-Mar	13-06.00	5
5	Brown, Mckenzie	Ic, City Hig	13-03.75	4
6	Sule, Eghe	Ic, West	13-00.00	3
7	Mertz, Avery	Epworth, WD	12-10.00	2
8	Manzanal Martin, Alicia	CR Washingto	11-08.00	1
9	Pfremmer, Isolde	CR Washingto	11-07.50	
10	Gammage, Greta	Dub Hempstea	11-04.75	

## Event 37 Girls Long Jump Varsity

Name	School	Finals		
<b>Finals</b>				
1	Sherman, Petra	Linn-Mar	17-00.50	10
2	Mecklenburg, Abby	Linn-Mar	17-00.00	8
3	Osterkamp, Ayla	Dub Hempstea	16-07.00	6
4	Arling, Emily	Ic, City Hig	16-03.00	5
5	Asay, Evelyn	Ic, West	15-09.75	4
6	Cloyd, Ruth	Ic, City Hig	15-03.50	2.5
6	Ernzen, Erica	Epworth, WD	15-03.50	2.5
8	McKane, Lindsey	Ic, West	15-02.00	1
9	Penn, Aamina	CR Washingto	14-04.00	
10	Kalb, Macy	Epworth, WD	14-02.00	
11	Buchenau, Kassidy	Dub Hempstea	13-07.00	

## Event 38 Girls Shot Put Junior Varsity

Name	School	Finals		
<b>Finals</b>				
1	Knapp, Carly	Epworth, WD	32-07.50	10
2	Koffi, Eunice	Linn-Mar	31-00.00	8
3	Drumm, Jasmine	Linn-Mar	29-11.00	6
4	Carlson, Molly	Ic, City Hig	29-06.00	5
5	Holesinger, Mekdes	Dub Hempstea	29-02.50	4
6	Tilley, Amara	Ic, City Hig	28-04.50	3
7	Collins, Cora	CR Kennedy	26-09.00	2
8	Penner, Brenna	Epworth, WD	26-03.00	1
9	Brown, Ella	CR Kennedy	26-02.50	
10	Anderson, Ella	Wat West	24-00.00	
11	Reiman, Elizabeth	Wat West	23-05.00	
12	Orszula, Helen	Ic, West	22-08.50	
13	Orszula, Yaya	Ic, West	20-10.00	
14	Jeffords, Kaylyn	CR Washingto	20-08.00	
15	Mickelson, Payton	Dub Hempstea	16-05.00	

## Event 39 Girls Shot Put Varsity

Name	School	Finals		
<b>Finals</b>				
1	Evans, Kennedy	Linn-Mar	39-07.00	10
2	Toingar, Josianna	Linn-Mar	37-06.00	8
3	Cook, Maci	Epworth, WD	36-10.00	6
4	Elders, Kamiyah	CR Washingto	36-09.50	5

5	Silich, Michaela	Epworth, WD	35-08.00	4
6	Penning, Helen	Ic, West	34-06.00	3
7	Frederick, Gabbi	Dub Hempstea	32-03.50	2
8	Braun, Hannah	Ic, City Hig	30-03.00	1
9	Haaack, Rachel	Ic, City Hig	29-08.50	
10	Westhoff, Alyssa	Dub Hempstea	29-07.00	
11	Burton, Gabrielle	Wat West	28-05.00	
12	Prahm, Lilea	CR Kennedy	28-04.00	
13	Schwerin, Chloe	CR Kennedy	27-06.00	
14	Sule, Eno	Ic, West	27-00.00	
15	Stefancik, Peyton	Wat West	25-08.50	
16	Novak, Shelbi	CR Washingto	22-03.50	

## Event 40 Girls Discus Throw Junior Varsity

Name	School	Finals		
<b>Finals</b>				
1	Carlson, Molly	Ic, City Hig	97-09	10
2	Tilley, Amara	Ic, City Hig	97-06	8
3	Quillin, Grace	Linn-Mar	86-02	6
4	Hill, Kialah	Dub Hempstea	79-04	5
5	Orszula, Helen	Ic, West	77-01	4
6	Koffi, Eunice	Linn-Mar	68-02	3
7	Knapp, Carly	Epworth, WD	64-11	2
8	Penner, Brenna	Epworth, WD	64-01	1
9	Steffens, Kimberly	Dub Hempstea	63-10	
10	Reiman, Elizabeth	Wat West	56-07	
11	Menjay, Harietta	Wat West	56-03	
12	Baugh, Brenna	CR Kennedy	51-07	
13	Jeffords, Kaylyn	CR Washingto	45-09	
---	Forrest, Shakyra	Ic, West	ND	
---	Mellish, Sopmel	CR Washingto	ND	

## Event 41 Girls Discus Throw Varsity

Name	School	Finals		
<b>Finals</b>				
1	Braun, Hannah	Ic, City Hig	118-04	10
2	Gaffney, Gwen	Linn-Mar	117-08.50	8
3	Kinn, Erica	Linn-Mar	117-04	6
4	Haaack, Rachel	Ic, City Hig	115-00	5
5	Frederick, Gabbi	Dub Hempstea	100-09.50	4
6	Engelken, Sharidan	Epworth, WD	96-08	3
7	Prahm, Lilea	CR Kennedy	94-00	2
8	Penning, Helen	Ic, West	91-11	1
9	Schwerin, Chloe	CR Kennedy	82-08	
10	Cook, Maci	Epworth, WD	81-06.50	
11	Elders, Kamiyah	CR Washingto	81-05	
12	Holesinger, Mekdes	Dub Hempstea	79-00	
13	Sule, Eno	Ic, West	73-09	
14	Stefancik, Peyton	Wat West	73-01	
15	Burton, Gabrielle	Wat West	72-07	
16	Novak, Shelbi	CR Washingto	67-11.50	

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 Women - Varsity - Team Rankings - 19 Events Scored
 

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**MVC Girls Divisional 2023 - 5/4/2023****Iowa City West High School****Results**

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1) Linn-Mar	176
2) CR Kennedy	123.5
3) IC, City High	109
4) DUB Hempstead	106
5) IC, West	95
6) Epworth, WD	81.5
7) CR Washington	31
8) WAT West	15

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**Women - Junior Varsity - Team Rankings - 19 Events Scored**

1) Linn-Mar	174
2) IC, City High	162
3) DUB Hempstead	94
4) CR Kennedy	89
5) Epworth, WD	74.5
6) IC, West	71.5
7) CR Washington	31
8) WAT West	18