|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Long Jump** | R.Bleymeyer15-10.25 | Littlewood14-08.75 | Kramer13-08.75 | Coates14-10.50 | SchwendingerND |  |
| **High Jump** | McGrath4-08 | Sandman4-06 |  |  |  |  |
| **Shot** | Gronau37-02.50 | M.Bleymeyer33-04.50 | Powers26-06.50 | Soppe23-05.00 | Mueller21-05.50 |  |
|  |  |  |  |  |  |  |
| **Disc** | Gronau114-11 | M.Bleymeyer105-04 | Fleckenstein84-06 | Powers78-10 | Soppe72-05 | Mueller62-10 |
|  |  |  |  |  |  |  |
| **3000** | Brown11:08.25 | Lange11:48.14 | Zillig12:31.90 | Morley12:36.22 |  |  |
| **4x800m** | Buchheit | Welu | Nichols | Muntz | **10:08.96** |  |
|  | Salas | L.Ries | Smith | Brosius | **11:27.27** |  |
| **Shuttle** |  |  |  |  |  |  |
| **100m** | Schaul13.71 | McDonald14.00 | Paulsen14.07 | Howard15.42 |  |  |
| **DMR** | Schwendinger | Ehlers | Schmitt | Fransen | **4:44.53** |  |
|  | H.Klein | urdangarin | Frisch | Thomas | **5:25.58** |  |
| **400m** | McGrath1:04.22 | G.Ries1:06.65 | Butler1:16.76 |  |  |  |
| **4x200m** |  |  |  |  |  |  |
| **100H** | Sandman17.72 |  |  |  |  |  |
| **800** | Brown2:35.49 | M.Klein3:10.20 | Rheingans3:14.05 |  |  |  |
| **200m** | McDonald28.11 | R.Bleymeyer29.59 | Littlewood29.67 | Howard32.17 |  |  |
| **400mH** | Muntz1:17.40 | Welu1:19.51 | Zillig1:26.69 |  |  |  |
| **SMR** | Paulsen | Ehlers | McGrath | Lange | 2:04.48 |  |
| **1500** | Buchheit5:28.57 | Fransen5:49.63 | Salsas5:54.44 | Leibfried6:11.81 |  |  |
| **4x100** | Steil | Coates | Schaul | Kramer | **52.76** |  |
|  | R.Bleymeyer | Schwendinger | Paulsen | Sandman | **55.38** |  |
| **4x400** | Johnson | G.Ries | Littlewood | Schmitt | **4:21.79** |  |
|  | Manders | Brosius | Dillon | H.Klein | **5:10.43** |  |

**Dubuque Hempstead Girl’s Track and Field 2016**

**Mustang Invitational**

SB=Seasons Best SOE= Standard of Excellence PR-Personal Record