|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Long Jump** | Reding14-07 | RyderND |  |  |  |  |
| **High Jump** | McGrath5-00 | C.SmithNH |  |  |  |  |
| **Shot** | Fleckenstein35-02 | Wuertzer31-10.50 |  |  |  |  |
| **Disc** | Fleckenstein114-10 | Wuertzer85-00 |  |  |  |  |
| **Sprint Med** | Klein13.1 | Ryder12.1 | Hoskins25.0 | Ries1:02 | **1:53.44** |  |
| **3000** | H.Brown10:41.90 | Hostager10:58.09 |  |  |  |  |
| **4x800m** | Holesinger2:29 | Leicht2:29 | Nichols2:26 | Brown2:32 | **9:58.35** |  |
| **Shuttle** | Longstreet18.10 | Michels19.22 | Jasper18.44 | Wild18.68 | **1:14.52** |  |
| **100m** | Hoskins12.36 | Klein12.93 |  |  |  |  |
| **D Med** | Ryder28.0 | Herman26.2 | E.Coates1:02 | Leicht2:29 | **4:26.53** |  |
| **400m** | Heim1:06.51 | Schmitt1:07.88 |  |  |  |  |
| **4x200m** | Steil27.6 | Hammerand26.2 | Meehan27.2 | Hoskins25.5 | **1:46.67** |  |
| **100H** | Longstreet18.13 | Michels18.56 |  |  |  |  |
| **800** | Holesinger2:29.66 | Leicht2:36.98 |  |  |  |  |
| **200m** | Hammerand27.40 | HermanDNS |  |  |  |  |
| **400mH** | Johnson1:11.23 | Welu1:13.44 |  |  |  |  |
| **1500** | Brown4:59.18 | H.Hostager5:10.17 |  |  |  |  |
| **4x100** | Klein12.4 | Steil12.3 | Ryder12.6 | Hoskins12.4 | **49.92** |  |
| **4x400** | McGrath1:01 | E.Coates1:03 | Meehan1:04 | G.Ries1:03 | **4:13.66** |  |

**Dubuque Hempstead Girl’s Track and Field 2018**

**Districts**

**Women - Varsity –** Iowa City West 171 City High 105 Prairie 95 Senior 93 **Hempstead 84** WD 68 Ottumwa 67 Burlington 56