|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Long Jump** | Reding  13-03.25 | Ryder  15-00.00 |  |  |  |  |
| **High Jump** | McGrath  NH |  |  |  |  |  |
| **Shot** | Wuertzer  29-10.50 | Fleckenstein  34-00.00 |  |  |  |  |
| **Disc** | Fleckenstein  99-07.00 | Wuertzer  71-06.00 |  |  |  |  |
| **Sprint Med** | Klein  13.4 | Ryder  12.4 | Hoskins  25.9 | McGrath  1:03 | **1:56.21** |  |
|  |  |  |  |  |  |  |
| **3000** | Brown  11-00.46 | Hostager  11:11.40 | Paulson  13:40.52 |  |  |  |
| **4x800m** | Brosious  2:43 | Franklin  2:42 | Leicht  2:34 | Brown  2:34 | **10:34.48** |  |
|  |  |  |  |  |  |  |
| **Shuttle** | Michels  19.84 | Longstreet  19.66 | Klein  18.49 | Maas  20.2 |  |  |
|  |  |  |  |  |  |  |
| **100m** | J.Coates  14.01 | Hammerand  13.73 |  |  |  |  |
| **D Med** | Steil  27.8 | Ryder  27.2 | Nichols  1:05 | E.Coates  2:46 | **4:46.74** |  |
|  |  |  |  |  |  |  |
| **400m** | Heim  1:09.20 | O’Neill  1:08.99 |  |  |  |  |
| **4x200m** | Herman  28.2 | Ries  28.2 | Meehan  27.8 | Hoskins  27.1 | **1:51.51** |  |
|  |  |  |  |  |  |  |
| **100H** | Longstreet  19.47 | Michels  19.13 |  |  |  |  |
| **800** | Holesinger  2:28.91 | Nichols  2:32.82 |  |  |  |  |
| **200m** |  |  |  |  |  |  |
| **400mH** | H.Hostager  1:15.31 | Schmitt  1:28.25 |  |  |  |  |
| **1500** | S.Smith  5:42.45 | Mendenhall  5:41.77 | Franklin  5:39.25 |  |  |  |
| **4x100** | Klein  12.7 | Hammerand  12.9 | Ryder  12.3 | Hoskins  13.3 | **51.82** |  |
|  |  |  |  |  |  |  |
| **4x400** | Leicht  1:03 | Meehan  1:07 | E.Coates  1:05 | Ries  1:05 | **4:22.65** |  |
|  |  |  |  |  |  |  |

**Dubuque Hempstead Girl’s Track and Field 2018**

**Demon Relays**

**Women - Varsity –** 1) Iowa City High 130 2) Mount Pleasant 126 **3) DUB Hempstead 113** 4) Washington 85

5) Mason City 60 6) Oskaloosa 47 7) Fairfield 40 8) wapello 32 9) Liberty 30 10) Fort Madison Bloodho 25

11) Center Point Urbana 20 12) WACO 15 13) Highland- R 10 14) Columbus- CJ 6 15) Washington JV 1